

# Help is Available—Just the Facts

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As a parent, you can support your teen’s education in many ways—from helping with course selections and planning a career pathway, to assisting with everyday schoolwork. While answering their questions, you might have your own questions about the best ways to help, what else you can try, and where to find more information.

Here are some resources to help you and your teen plan ahead and stay informed.

Help is available!

## Ontario math curriculum — grades 9 to 12

- <http://www.edu.gov.on.ca/eng/curriculum/secondary/math.html>

## Policy documents and other curriculum resources

- <http://www.edu.gov.on.ca/eng/curriculum/secondary/commontwo.html>

## Ontario-based math education websites

- [www.edugains.ca](http://www.edugains.ca). **EduGAINS houses “ministry-developed resources to support policies and programs related to improved learning and teaching — Kindergarten to Grade 12 — in Ontario schools.”**
- [www.eqao.com](http://www.eqao.com). **“EQAO is an independent agency that creates and administers large-scale assessments to measure Ontario students’ achievement in reading, writing and math at key stages of their education.”**
- [www.edu.gov.on.ca](http://www.edu.gov.on.ca). **The Ontario Ministry of Education offers specific information for students, parents, and teachers.**
- [www.mathies.ca](http://www.mathies.ca). **“The mathies.ca website houses Ontario Ministry of Education-developed resources to support mathematics learning from Kindergarten to Grade 12.”**
- <http://www.oame.on.ca/clips>. **Ontario Association for Mathematics Education learning tools.**
- [www.ilc.org](http://www.ilc.org). **TVOntario’s Independent Learning Centre**
- <https://homeworkhelp.ilc.org>. **The ILC has partnered with the Ontario Ministry of Education to bring “Homework Help” to Ontario students.**
- <http://www.peelschools.org/parents/Pages/default.aspx>. **Fact sheets from one Ontario school board.**

## Career planning

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- <https://myblueprint.ca>. **MyBlueprint is an online education and career planning tool that helps students select high school courses while keeping college and university programs in sight.**
- <https://public.careercruising.com/en>. **Career Cruising is an online tool designed to help teens and their parents learn about potential careers and the educational pathways that can make them possible.**